

Wine, love and more – 3 tips to save your relationship

3 minute read

The week of love is the best time to talk about ... finance.

You may ask “What on earth is that all about?” So, here it is. 😊

No matter if you and your partner are together since recently or have been married for many years, some of the most serious talks are often about finance. In fact, there is proof that money is at the root of the worst arguments in a couple. It also is most often the reason for divorce. Yet, let's not spoil the day of wine and love with such topics.

Instead, we will offer you a few useful tips to help you stay in a good mood and maintain a healthy relationship with your partner (at least on that matter). To avoid anyone suffering or getting hurt, we will look at both types of behaviour.

1. People who feel uneasy talking about money.

If this is the case with you or your partner, you should approach the matter with caution and try to find out the reasons for such behaviour.

- It could be that your partner has previously had difficult times where every penny would count. The fear of falling back into hardship and the habit that has been established have a key role, even if your partner is now financially stable.
- If someone else has been taking care of the bills, it is quite possible that your partner hasn't got a clear idea when and how to do this most effectively.

2. Don't be too quick to criticize or give advice.

We are best at giving advice when nobody has asked for it. Choose your words carefully and avoid unnecessary questions and remarks if you don't want to hurt your partner's feelings.

- If you take count of every purchase your beloved makes and ask that pretty question “Do you really need this now?”, then you should know to expect an argument.
- The same goes for the question “Why don't you buy it, are you that stingy?”

3. Spending recklessly and randomly is one extreme but the opposite is no better either.

- Some people are big spenders and before they know it they would have spent their entire salary before paying their debts. Try to find out what causes your partner to overspend. They might be forgetting certain expenses or have difficulty with setting priorities.
- Also, what makes it hard for you to relax and stop being Scrooge-like in times of crisis? You could allow yourself to loosen up your purse strings from time to time without suffering any enormous harm to your budget, especially when that would make you happy.